SESSION 2023-2024 CLASS-1

ENGLISH SYLLABUS

TERM 1 (APRIL – SEPTEMBER)

	APRIL-MAY		
COURSE BOOK	 L - 1 Ten Little Teddy Bears (Poem) L - 2 The Clever Rabbit 		
GRAMMAR	 Vowels and Consonants Concept of 'a' and 'an' Use of 'is', 'are' and 'am' Noun Punctuation (Use of capital letters and full stop) 		
CREATE AND LEARN	Recite'n Rejoice To Welcome the tiny tots by reciting poems & songs. Narration of short stories with the help of colourful pictures. Self Introduction Lets play a while – "Tipi Tipi Tap" What colour do you want? Speaking Activity My first day in Primary Class 1 Mother's Day Celebration Make an attractive photo frame for your mom.		
LEARNING OUTCOMES COURSE BOOK	 Students will be able to – Recite poems with actions and expressions. Read simple sentences. Use capital letters and full stop correctly. JULY L – 3 Aarushi and Her Vacation 		
	 L - 5 The Ugly Duckling L - 4 Ding Dong (Poem) 		

GRAMMAR CREATE AND	 Singular Plural Action Words Correct form of Verbs Picture Description Thinking Caps On-
LEARN	 Play "Word Chain" about the things you will carry for the summer camp. Create a Forest scene- Paste pictures of animals that "The Ugly Duckling" met on the way. Lets play a while - "Mono Acting" based on Action words. Show and tell - My Favourite Toy Friendship Day Celebration Make a colourful bracelet for your best buddy.
LEARNING OUTCOMES	 The Students will be able to - Read with correct pronunciation. Speak sentences describing familiar objects and places like park, picnic, games. Use greetings like Good Morning, Thank you and polite conversation in English like What is your name? How are you?

AUGUST	
COURSE BOOK	 L – 6 The Babies Are Hungry L – 8 The King and the Coconut Tree
GRAMMAR	 Opposites Pronouns (he/she/it/they) Picture Description

CREATE AND LEARN	 Imagine you get a Doraemon, a Robot. Which five things you will ask him to do? Group Activity- Identify "Opposites" with the help of Flash cards. Party Time- Favourite Dish in your "Food Box"
LEARNING OUTCOMES	 The Students will be able to- Sing or Recite songs with expressions and actions. Read aloud text with correct pronunciation and pauses. Identify opposites such as Tall/Short, Big/Small etc. Use appropriate pronouns related to Genders such as he/she/it/they.

	SEPTEMBER	
МСВ	• L – 7 The Five Senses (Poem)	
GRAMMAR	Revision of all the concepts.	
CREATE AND LEARN	 FUN TIME - "Teacher's Day Celebration" Make card for your teacher. Grandparents Day is on 10th September - Share your views how can you pamper and take care of your grandparents. 	
LEARNING OUTCOMES	 The Students will be able to - Recite poems with actions and expressions. Share their views verbally. 	

TERM 2 (OCTOBER – MARCH)

	OCTOBER
COURSE BOOK	• L – 9 Anu goes Shopping
GRAMMAR	 Verbs (Present/Past) Punctuation (Use of Question Mark) Picture Composition
CREATE AND LEARN	 Fun Time Make a collage of places/things you see in the mall. Make an attractive "Shopping Bag". Speaking Activity Share your few "Good Habits".
LEARNING OUTCOMES	 The Students will be able to - Develop phonemic awareness through activities focusing on different sounds emerging from the words, stories and texts. Frame sentences in English. Use punctuation marks, full stop and capital letters appropriately.
	NOVEMBER
GRAMMAR	 L – 11 The Shepherd Boy Describing Words Jumbled Sentences Genders
CREATE AND LEARN	 Make a stick puppet of your favourite Cartoon Character and speak about it. Search your partner- Activity based on Genders. Children's Day Celebration A class party will be organized.

the lesson and story.	LEARNING OUTCOMES	 Talk about situations and pictures in English. Carry out simple instructions such
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DECEMBER	
COURSE BOOK	• L – 12 The Four Friends
GRAMMAR	PrepositionsComprehension Passage
CREATE AND LEARN	Speaking Activity • "My Best Friend" • Activities based on "Prepositions" will be done. Fun Time • "X"mas Tree Decoration
LEARNING OUTCOMES	 The Students will be able to - Answer simple questions related to the comprehension lessons. Talk about situations and pictures in English. Associate words with pictures.

	JANUARY
COURSE BOOK	• L – 10 Dad's Rusty Old Car (Poem)
GRAMMAR	Comprehension Passage
CREATE AND	Fun Time
LEARN	 Describe your favourite Ice-
	Cream
LEARNING	The Students will be able to -
OUTCOMES	 Frame sentences in English.
	 Enrich vocabulary by listening to
	stories and poems.
	FEBRUARY
	REVISION

हिन्दी पाठ्यक्रम - 2023-24

कक्षा - प्रथम

अप्रैल और मई	★ अ , अ: क से ज दो तीन चार अक्षरों से
पाठ्य-पुस्तक	बने शब्द
	★ आ (ा) की मात्रा
रचनात्मक गतिविधियाँ	★ कक्षा में चित्रों की सहायता से कहानी
	सुनना
	\star आ की मात्रा से संबंधित शब्द निर्माण
	(चित्र सहित) जैसे आम , मकान
शिक्षण उद्देश्य	★ छात्रों को सभी स्वरों और व्यंजनों की
	ध्वनि से परिचित करवाना ।
	★ कहानी को सुनने में रुचि लेना और उन्हें
	मजे से सुनना और सुनाना
जुलाई	★ इ (ि) और ई(ी) की मात्रा
पाठ्य-पुस्तक	
ट्याकरण	★शब्दों को शुद्ध करना

रचनात्मक गतिविधियाँ	★ तितली रंग बिरंगी होती है और वह आप
	को बह्त प्यारी लगती है तितली पर एक
	कविता कक्षा में सुनाइए ।
	★ फलों का राजा 'आम'
	कक्षा में आम दिवस मनाया जाएगा ।
शिक्षण उद्देश्य	★ इ ई की मात्रा का परिचय देना तथा ध्वनि
	के माध्यम से मात्रा की पहचान करवाना ।
	★ मात्राओं के प्रयोग द्वारा नए शब्दों का
	निर्माण ।
अगस्त और सितंबर	★ उ(ु) और ऊ(ू) ऋ की मात्रा
पाठ्य-पुस्तक	★ ए (े) ऐ (ै) की मात्रा
ट्याकरण	★ फलों और सब्जियों के नाम
रचनात्मक गतिविधियाँ	★ एनिमल प्लैनेट चैनल देखिए और उसमें
	दिखाए गए पशु-पिक्षयों के बारे में कक्षा में
	विचार विमर्श कीजिए ।
	★ कृष्ण जन्माष्टमी पर कृष्ण , राधा ,
	यशोदा , नंद , गोपी का रूप धारण कीजिए
	और दो-दो वाक्य कक्षा में सुनाइए
शिक्षण उद्देश्य	★ 3 ऊ ऋ ए ऐ की मात्रा का परिचय देना
	तथा ध्वनि के माध्यम से मात्रा की पहचान
	करवाना ।

	\star देखी सुनी और पढ़ी गई बातों को सहज
	ढंग से अभिव्यक्त करना
	 अभिनय के द्वारा अपने भावों को व्यक्त
	करना
अक्टूबर	
पाठ्य-पुस्तक	★ ओ (ो) और औ (ौ) की मात्रा
रचनात्मक गतिविधियाँ	★ बारिश आने पर मोर नाचना शुरू कर देते
	है । बारिश आने पर क्या-क्या परेशानियाँ होती
	है , कक्षा में विचार-विमर्श करना ।
	★ आप पिकनिक जाने के लिए क्या क्या
	तैयारी करते है ? कक्षा में विचार-विमर्श
	कीजिए
शिक्षण उद्देश्य	 मात्राओं का शुद्ध उच्चारण सिखाना।
	★ मौखिक व लिखित अभिव्यक्ति का विकास
	करना।
नवंबर	★ अं की मात्रा
पाठ्य-पुस्तक	★ पाठ=18 गुब्बारे (कविता)
व्याकरण	★ लिंग , वचन
रचनात्मक गतिविधियाँ	★ आपकी माता जी घर में अनेक सिंडजयाँ
	बनाती है उनके नाम बताइए और यदि उनमे
	से आपको अपनी मनपसंद सब्जी से बात

	करने का मौका मिले तो आप उससे क्या-क्या
	बात करेंगे ? कक्षा में बताइए ।
	★ आपकी मम्मी आपसे किसी बात पर रूठ
	गई है । आप उन्हें कैसे मनाओगे ? कक्षा में
	अभिनय करवाना ।
शिक्षण उद्देश्य	 लेखन कार्य करते समय शब्दों की वर्तनी
	पर ध्यान देना ।
	★ हाव भाव एव लय के साथ कविता वाचन
	करवाना
	★ विराम चिह्नों से परिचित करवाना।
दिसंबर	पाठ=17 तीन दोस्त
पाठ्य-पुस्तक	
ट्याकरण	★ विलोम शब्द ,चित्र वर्णन ,गिनती (1-10)
रचनात्मक गतिविधियाँ	★ हमे हमेशा खिलौने अपने मित्रों के साथ
	मिलजुल कर खेलने चाहिए और उन्हें अपने
	खिलौनों से खिलाना भी चाहिए । कक्षा में
	विचार विमर्श करना ।
	★ आप अपने माता-पिता के साथ दशहरे का
	मेला देखने गए हो अपने वहाँ क्या-क्या देखा।
	पाँच वाक्य लिखो ।
शिक्षण उद्देश्य	★ कल्पना शक्ति के माध्यम से अपने विचारों
	को व्यक्त करना ।
	★ व्याकरण बिन्दुओं का ज्ञान प्रदान करना।

	\star शुद्ध वाक्य निर्माण करवाना ।
जनवरी और फरवरी	पाठ=19 मेंढ़क और चूहा
पाठ्य पुस्तक	
व्याकरण	विराम चिह्न , व्याकरण पुनरावृति
रचनात्मक गतिविधियाँ	★ किसी साहसी बच्चे की कहानी अपनी कक्षा में सुनाइए
	\star हमें जीवन में झूठ नहीं बोलना चाहिए सदा
	सच बोलना चाहिए सच की हमेशा जीत होती
	है । कक्षा में विचार विमर्श करना ।
शिक्षण उद्देश्य	★ चित्रों के माध्यम से बच्चों के लेखन व पठन कौशल का विकास करना ।
	\star बच्चों को कक्षा में होने वाली रचनात्मक
	गतिविधियों में शामिल होने के लिए प्रोत्साहित
	करना ।

MATHS

TERM 1 (APRIL – SEPTEMBER)

APR	RIL-MAY
Ch - 1 NUMBERS UP TO 20	 Reading and Writing Numbers upto 10. More or Less (>,<,=) Before, After and Between. Building Numbers upto 20. Increasing/Decreasing Order
Ch - 2 ADDITION UP TO 20	 Addition using a number strip. Vertical and Horizontal addition. Adding three 1-digit number. Story Sums Properties of Addition.
WORKBOOK	• Pg 1 to 3, 8 to 9, 14 to 16
CREATIVE SKILLS	 Making digit cards 0 to 20 with number names. Making number combinations upto 10 using marbles, bindis, smilies etc. Abacus representing numbers using coloured beads. Increasing/Decreasing order of numbers using "Playing Cards".
LEARNING OUTCOMES	 The Students will be able to – Recite number names and count objects upto 20 concretely, pictorially and symbolically. Compare numbers upto 20. Construct addition facts upto 20 by using concrete objects.
J	JLY
Ch - 3 SUBTRACTION UPTO 20	 Subtraction using Number Strip. Vertical & Horizontal Subtractions. Subtracting one digit number from two digit number. Story sums Properties of Subtraction.

Ch – 4 Numbers upto 50	 Building Numbers upto 50. Before/After, Increasing/Decreasing, >,< upto 50. Ordinal Numbers (1-10)
WORKBOOK	• Pg 4 to 7, 25, 26
CREATIVE SKILLS	 Throw dice and solve- Addition & Subtraction. "Alphabet Game" to understand Ordinal Numbers. "Learning is Fun" – Using red kidneys to build numbers. Making Number Cards to form numbers upto 50.
LEARNING OUTCOMES	 The Students will be able to – Solve day to day problems related to subtraction of numbers upto 20. Develop and apply the understanding of Place Value while grouping and recognizing them.
	AUGUST
Ch - 5 ADDITION AND SUBTRACTION UPTO 50	 Part 1 Adding by grouping in Tens. Adding two 1-digit numbers to get 2-digit numbers. Adding 1-digit number to 2-digit number.
	 Part 2 Subtracting 1-digit number from 2-digit number. Add & Subtract story sums.
Ch- 6 & 7 SHAPES AND PATTERNS	 Plane Shapes Rolling & Sliding Numbers and Shapes pattern.
	I

CREATIVE SKILLS	 Addition & Subtraction using Number chits or Tambola coins in a basket. To explain the concept of Rolling and Sliding by showing different shapes. "Fun Time" – Bring food items of different shapes and sizes in tiffin.
LEARNING OUTCOMES	 The Students will be able to – Solve day to day problems related to addition of numbersupto 50. Describe the physical features of various Solids/Shapes in their own language. Observe, Extent and Create patterns of shapes and numbers.

	SEPTEMBER
Ch - 9 NUMBERS UPTO 100	 Building Numbers upto 100. Before/After, Increasing/Decreasing, >,< upto 100.
WORKBOOK	• Pg 35 to 37
CREATIVE SKILLS	 Making Number 100 using Number grid.
LEARNING OUTCOMES	The Students will be able to – • Use place value in writing and comparing two digit numbers.

TERM 2 (OCTOBER – MARCH)

Ch - 10 ADDITION AND SUBTRACTION UPTO 100 Part 1 Adding 2-digit number with 1- and 2-digit number. Carry over Addition (Regrouping) Part 2 Subtracting 1- and 2- digit number		JCTUBER
from 2-digit number. • Addition & Subtraction Stories.	ADDITION AND SUBTRACTION UPTO	 Adding 2-digit number with 1- and 2-digit number. Carry over Addition (Regrouping) Part 2 Subtracting 1- and 2- digit number from 2-digit number.

WARKER	04.4-07.004.00
WORKBOOK	• 21 to 27, 29 to 32
CREATIVE SKILLS	 To reinforce the concept of Addition & Subtraction through Blocks, Number bars & Abacus. To develop skill of quick addition and subtraction using "Rubik's Cube". "Fun Time" – Playing Snake & Ladder.
LEARNING OUTCOMES	 The Students will be able to – Use place value in writing and comparing two digit numbers. Solve daily life situations basedon Addition & Subtraction of two digit numbers.
	NOVEMBER
Ch – 11 MULTIPLICATION	Repeated AdditionTablesSkip Counting
Ch – 12 TIME	Days of the WeekMonths of the YearReading Time
WORKBOOK	• Pg 13, 38 to 48
CREATIVE SKILLS	 Making bundles of different objects for learning concept of Multiplication as a repeated Addition. Pick & Match - Multiplication Cards with Repeated Addition Cards. Make a Clock with movable hands.
LEARNING OUTCOMES	 The Students will be able to – Construct knowledge of Multiplication as repeated addition. Identify the Days of the week & Months of the year. Tell the time to the hour using a clock.

	DECEMBER	
Ch – 13 MONEY	Counting Notes & Coins	
WORKBOOK	• Pg 49 to 53	
CREATIVE SKILLS	 Creating a "Mock Market" in the class and performing small Addition and Subtraction operations on Money. Demonstration – Indian Currency (Notes & Coins). 	
LEARNING OUTCOMES	The Students will be able to – • Value of currency notes upto 100 (Coins & Notes) and perform Addition & Subtraction operations.	
	JANUARY	
Ch – 14 DATA HANDLING	Count and Write Data	
WORKBOOK	• Pg 54	
CREATIVE SKILLS	 Counting & Representing Data of objects in the classroom. Collecting and Recording of numbers of members in your family. 	
LEARNING OUTCOMES	The Students will be able to – • Collect, Record (using pictures/numerals) & interpret the simple information by looking at visuals.	
	BRUARY EVISION	

SESSION 2023 – 2024 CLASS – 1

LIFE SKILLS

TERM-1	
APRIL - MAY	L-1 Thanking God L-2 I Love My Family
JULY - AUGUST	L-3 I Listen to My Parents L-4 I Help My Neighbours L-5 Making Friends
SEPTEMBER	L-6 I Keep Myself Clean
TER	RM-2
OCTOBER	L-7 Keep the Surroundings Clean L-8 I Share My Things
NOVEMBER	L-9 Let's Be On Time
DECEMBER	L-10 Being Honest and Truthful
JANUARY	L-11 Being Kind and Loving to All



MUSIC (FOR CLASS-1ST)



> Ist Term (April-September)

Musical skills

To build up sense of all 7 Sudh Swar

Vocal exercise

Alankaar

 Knowledge of Rhythm and Tempo

> Keherwa taal (4 maatra) 60 tempo

Musical Theme

Hindi Song

- a) Sargam GeetEnglish Musical Song
- a) do re me
- Learning outcomes
 - To build up early sense of Rhythm.
 - Helps them develop the sense of Music.

> IInd Term (October-February)

- Musical skills
 Identify all 7 Notes
- Vocal exercise

Introduction to new Alankaar

Knowledge of rhythm and tempo

Keherwa taal (4 maatra) 70 tempo

- Musical Theme
 Hindi Songs
- a) आरे बादल, कारे बादल
- b) जय जय गणपति (Classical) English Fun Song
- a) I am Nut
- Learning outcomes
 - To build up Spiritual connection with the help Music.
 - Help them develop differentiating between notes.

	sports
TERM I	TERM II
 Parvatasana, Pawanmuktasana 	* Paschimottanasana, padhastasana
* Hop race	* Marching skill
* Throw & catch	* Throw in the Basket
 flexibility exercises 	* Flamingo Balance
 * Free hand Exercise 	* Mass P.T
* Under leg pass	* Instep Football kick
LEARNING OUTCOME:	LEARNING OUTCOME:
1. To sit in correct posture.	1. To improve body posture.
2. To enhance their flexibility	2. To develop inter-personal skills.

SUB-DANCE

CLASS-I

TERM 1 (APRIL - SEPTEMBER)

- Free style dance on music piece
- Retro dance with old melodies
- Dance with props

TERM 2 (OCTOBER-FEBRUARY)

- Medley of songs
- Students choice of songs
- Popular hindi songs

ART EDUCATION	
	APRIL TO SEPTEMBER
SKETCHING SKILL	Sketching with Alphabets
	Sketching with numbers
COLOURING SKILL	Primary colours
	Basic strokes pigment
CRAFT WORK	Sticking art
	Artist's Impression
	Modern Art
INOVATIVE WORK	• Scenes
	Origami
LEARNING OUTCOMES	 Developing sense of visual art
	To strengthen Basic strokes pigment
	OCTOBER TO FEBRUARY
SKETCHING SKILL	Free hand sketching
	Fun with colours
COLOURING SKILL	Cartoon character
	• 3D Craft
CRAFT WORK	Origami
INOVATIVE	Art and craft Techniques
	 To strengthen Basic strokes pigment
LEARNING OUTCOMES	To develop craft skills