

## $\bar{A} \sqrt{B}$ PUBLIC SCHOOL

## SESSION: 2024-2025 SYLLABUS

## PRE SCHOOL



## SUBJECT : ENGLISH

## APRIL - MAY

## THEME: - • Fruits and Vegetables • Colours • Table Manners

- My Classroom

| LETTER | - LI, Tt |
| :---: | :---: |
| VOCABULARY | Log, lion, leaf , lamp , lock, lizard, lollipop , lemon, lotus, leopard, ladder, lunch, train , tiger, telephone, tomato, triangle, Apple, Mango, Grapes etc. |
| PHONETIC DRILL | A says ऐ B says ब C says क D says ड |
| GENERAL AWARENESS | - Introduction of formal greeting words- <br> "Hello", "Good Morning", "Good Afternoon"," See you soon" <br> - Children will aware of their belongings such as bag, bottle, lunch box etc. <br> - About me- <br> My name is $\qquad$ . <br> I am a girl/boy. <br> I am years old. |
| PLAY WAY / ART N CRAFT | - Musical exercise <br> - Scribbling using different colors <br> - Fun with origami - tree <br> - Leaf impression <br> - Tearing and pasting <br> - Outdoor activity - triangle walk |
| LEARNING OUTCOMES | Learners will be able to - <br> - Hold a pencil while writing. <br> - Differentiate between different types of fruits and vegetables. <br> - Differentiate and name the primary colors (red, blue, yellow) and other common colors in the environment. <br> - Recite poem through videos. |
| THEATRE CLASS | Warm up-kids will do warm up exercise that include both physical and vocal component (these activities increase focus while also expanding vocabulary and encouraging children to speak clearly) |

## JULY

## THEME: - - My Body Parts • Seasons • Action words

| LETTERS | Ii, Hh, Ff, Ee |
| :---: | :---: |
| VOCABULARY | Igloo, insect, injection, ice cream, ink pot, hanger, hut, hand, hen, hospital, fish, fan, fire, frame, frog, elephant, egg, eye, ear, earth, summer, winter, rainy etc. |
| PHONETIC DRILL | $\begin{aligned} & \text { E says ए } \\ & \text { F says फ } \\ & \text { G says ग } \\ & \text { H says है } \end{aligned}$ |
| GENERAL AWARENESS | - Knowledge ofDifferent parts of body-eyes, nose, ears etc. Good and bad habits (through moral story). <br> - Acknowledge the presence of peers, greet and call out for their friends. |
| PLAY WAY I ART N CRAFT | - Ice cream day <br> - Large scale work - Hand printing <br> - Egg pasting <br> - Guided play - Face activity (using clay) <br> - Outdoor activity - Handshake race |
| LEARNING OUTCOMES | Learners will be able to - <br> - Recognize different parts of body. <br> - Develop social and listening skills e.g. leading and following etc. <br> - Differentiate between different types of seasons. |
| THEATRE CLASS | CONCEPT OF LOUD AND QUITE - Teacher will introduce the concept of loud / quite to the kids. Kids will make a circle and tell their name loudly. |

## AUGUST - SEPTEMBER

THEME: - • Animal Kingdom • Festivals • Home of Animals

| LETTERS | $\mathrm{Nn}, \mathrm{A} a, \mathrm{~V} v, \mathrm{~W}$ w |
| :--- | :--- |
| VOCABULARY | Nest , nail , nose, net, no, number, arrow, ant , <br> astronaut, apple, axe, vase, violin, van, vegetable, <br> water, watch , wall, window, cat , kitten , dog, puppy etc. |


| PHONETIC DRILL | $\begin{aligned} & \text { I says इ } \\ & \text { J says ज } \\ & \text { K says क } \\ & \text { L says ल } \end{aligned}$ |
| :---: | :---: |
| GENERAL AWARENESS | - Knowledge of- <br> Different type of festivals (National \& Religious). Different kinds of animals (Water, wild \& domestic). <br> - Magic words- Sorry, Excuse me, Thankyou \& Please. |
| PLAY WAY / ART N CRAFT | - Fun with apple (apple race) <br> - Free play <br> - Newspaper activity <br> - Flag making and Matki decoration <br> - Outdoor activity - throw and catch |
| LEARNING OUTCOMES | Learners will be able to Differentiate between sounds of animals. <br> - Start using small sentences- <br> May I drink water. <br> May I go to washroom. <br> Please give me pencil / Eraser. |
| THEATRE CLASS | Kids will act like animals (by wearing mask and puppets) like lion, tiger, cow, cat, dog etc. |

## OCTOBER

THEME: - • Means of Transport • National symbols • Clothes

- My Home

| LETTERS | - Mm, Xx, Yy, Zz, Kk |
| :---: | :---: |
| VOCABULARY | Moon, mirror, mat, monkey, $x$ - ray, xylophone, yellow, yacht, zoo, zero, kite, key, bus ,road ,car ,rocket ,lotus , peacock ,tiger , parachute etc. |
| PHONETIC DRILL | $\begin{aligned} & \mathrm{M} \text { says म } \\ & \mathrm{N} \text { says न } \\ & \mathrm{O} \text { says ओ } \\ & \mathrm{P} \text { says प } \end{aligned}$ |
| GENERAL AWARENESS | - Right / Left <br> - Upward / Downward open curve <br> - Knowledge of Road Safety rules - |


|  | 1. Zebra Crossing <br> 2. Traffic light <br> Red - stop <br> Yellow - wait <br> Green - go <br> - Introduction of National Flag "TIRANGA" <br> Colors-Saffron, white and green. <br> Ashoka Chakra |
| :---: | :---: |
| PLAY WAY I ART N CRAFT | - Kite making <br> - Yellow fruit day <br> - X-mas tree decoration <br> - Moon pasting <br> - Zig zag activity using different colors <br> - Outdoor activity - zig zag walk |
| LEARNING OUTCOMES | Learners will be able to - <br> - Know about our National Symbols. <br> - Follow the instructions given by the teacher. <br> - Follow basic safety rules |
| THEATRE CLASS | ROLE PLAY - STORY The hare and the tortoise |

## NOVEMBER

THEME: - Our Helpers - My Favorite Things

| LETTERS | O o, C c, Q q, G g, D d |
| :--- | :--- |
| VOCABULARY | Octopus, orange, owl, open, olives, onion, cat, candle, <br> cap, cup, cow, camel, queen, quilt, quill, gate, gun, <br> goat, grapes, grass, dog, drum, dinner, diamond, <br> teacher, carpenter, doctor etc. |
| PHONETIC DRILL | Q says क्व <br> R says J <br> S says स <br> T says ट |
| GENERAL <br> AWARENESS | Introduction of- <br> Different type of helpers in our community. <br> Good touch \& bad touch. |
| PLAY WAY / ART N <br> CRAFT | • Thumb impression <br> • Dog face making with origami <br> $\bullet$ <br> $\bullet$ <br> - Ouke pasting |


| LEARNING | Learners will be able to - <br> OUTCOMES <br> - Take care of her/ his personal hygiene. <br> Identify people in the community who helps us in an <br> emergency- doctor, fireman etc. |
| :--- | :--- |
| THEATRE CLASS | Mirror - Mirror activity |

## DECEMBER

## THEME

 - Days of the week| LETTERS | - Pp,Bb,Rr, Ss |
| :---: | :---: |
| VOCABULARY | Parrot, pencil, plate, pumpkin, balloon, boat, brinjal, butter, bubble, rabbit, rose, road, ring, rocket, rain, sun , swan , skirt, ship , star , Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday etc . |
| PHONETIC DRILL | $\begin{aligned} & \text { U says अ } \\ & V \text { says व } \\ & \text { W says } \\ & X \text { says एक्स } \end{aligned}$ |
| GENERAL <br> AWARENESS | - Introduction of different types of smell (through experiment) <br> - Knowledge of days of the week \& months. |
| PLAY WAY / ART N CRAFT | - Shadow play <br> - Balloon printing <br> - Outdoor activity - Fun with alphabet <br> - Rat activity |
| LEARNING OUTCOMES | Learners will be able to - <br> - Recognize different days in a week. <br> - Exhibit fine motor skills, eye hand co-ordination and muscle strength in simple activities. |
| THEATRE CLASS | If You're 'Something' and You Know It. <br> > If you're happy and you know it, smile wide. <br> $>$ If you're excited and you know it, jump up high. <br> $>$ If you're tired and you know it, time to yawn. <br> > If you're angry and you know it, stamp your feet. |

## JANUARY - FEBRUARY

THEME: - $\quad$ Healthy and Junk food

| LETTERS | $\mathrm{Jj}, \mathrm{Uu}$ <br> Introduction of 'at' and 'ap' sound words Cursive stroke . |
| :---: | :---: |
| VOCABULARY | Jellyfish , jam , jug , jump , joker , jacket , uniform , urn under, up, utensils, uncle, cat , hat , bat , mat , rat , cap , tap , map etc. |
| PHONETIC DRILL | $\begin{aligned} & Y \text { says } य \\ & Z \text { says } ज ़ \end{aligned}$ |
| GENERAL AWARENESS | - Knowledge of- <br> Different types of food (healthy \& junk food) Fruits with one seed, many seeds \& no seed. |
| PLAY WAY / ART N CRAFT | - Joker making <br> - Bingo |
| LEARNING OUTCOMES | Learners will be able to - <br> - Differentiate between healthy and junk food. <br> - Turn the pages in a book and handle with care. <br> - Enhance cognitive skills. <br> - Adapt themselves with some new words. |

## RHYMES AND STORIES

## APRIL - MAY

RHYMES
> Teddy bear, teddy bear
$>$ I hear thunder
$>$ Rain rain go away
Dip dip dip
> Apples on a tree

## STORIES

## STORY: THIRSTY CROW

There was a crow, he was very thirsty. He looked for water here and there. He saw a pot, very little water. He thought of a plan, he put some stones. Water came up, crow drank the water and flew away.
$>$ Bits of paper
> Old Macdonald
> Clap your hands
$>1,2,3,4,5$ Once a caught

## STORY - TWO SILLY GOATS

There were two silly goats. They were coming in the opposite direction. They wanted to cross the bridge. There was a narrow bridge on the river. One goat said "I will go first." Second goat said "I will go first." Both were fighting and fell down into the river.

## AUGUST - SEPTEMBER

Wheels of the bus
Hop a little
Alphabet song
$>5$ little Monkeys

## OCTOBER

$>$ Flying an aeroplane
$>$ Up in the sky
$>$ Churmura
>Fly an aeroplane

## STORY: THE HARE AND THE TORTOISE

The hare and a tortoise were friends. They wanted to run a race. The hare said 'You lazy fellow, I can win any race'. The hare ran very fast, but went off to sleep. The tortoise moved on slowly and won the race.
Moral: Slow and steady wins the race.

## NOVEMBER

## Baa, Baa Black Sheep

$>$ Twinkle twinkle
Cat has a kitten
Head shoulder knees and toes

## DECEMBER

| $>$ Jingle bells | STORY- 3 BEARS AND <br> GOLDILOCK |
| :--- | :--- |
| $>$ Do the boogie woogie | Once upon a time there were three <br> bears, Mumma bear, Papa bear and <br> baby bear. Mumma cooked porridge, <br> It was very hot. So they went for a <br> walk. One girl came, she ate the <br> porridge and slept on the small bed. <br> When the bears came, girl got <br> frightened and ran away. |
| $>$ Mummy darling |  |

## JANUARY

| $>$ Piggy on a railway | STORY: FOX AND THE GRAPES <br> One day a fox saw, a bunch of <br> grapes, hanging from a grape wine. |
| :--- | :--- |
| $>$ Baby shark | Fox mouth water. Yummy! Yummy! <br> Yummy!, I will eat these sweet <br> grapes, she jumped and jumped but <br> could not reach the grapes. So the <br> fox said, the grapes are sour and she <br> left the place. |
| Its bubbling |  |

## SUBJECT: MATHS

## APRIL - MAY

| NUMERACY | - Standing line I , sleeping line $\qquad$ , slanting line / <br> - 1,7 <br> - Shapes through rhyme <br> - Oral Counting - 1 to 10 |
| :---: | :---: |
| PRE MATHS CONCEPT | - Big/Small |
| ACTIVITY TIME | - Tracing activity <br> - Counting with the help of different objects <br> - Joker activity using shapes <br> - Sticker pasting |
| LEARNING OUTCOMES | Learners will be able to : <br> - Differentiate between big and small objects <br> - Count 1 to 10 on fingers |
| GAME | Let's walk on standing line, sleeping line, slanting line and zig zag. |

## JULY

| NUMERACY | • 4, 2, 3, 5 |
| :--- | :--- |
|  | • Right / Left |
|  | • Near / Far |
|  | • Shapes through worksheet |
|  | - Oral Counting - 1 to 20 |


|  | - Differentiate between tall and short objects during <br> nature walk. <br> • Count through fingers and different objects. |
| :--- | :--- |
| GAME | Let's jump on shapes |

## AUGUST - SEPTEMBER

| NUMERACY | - $9,6,8,10$ <br> - Concept of tens and ones <br> - Oral Counting - 1 to 30 <br> - Revision of all shapes |
| :---: | :---: |
| PRE MATHS CONCEPT | - Full/ empty |
| ACTIVITY TIME | - Counting ice cream sticks <br> - Bindi pasting <br> - Pebble activity <br> - Glass activity <br> - Rubber band activity |
| LEARNING OUTCOMES | Learners will be able to: <br> - Write counting 1 to 10 <br> - Start exploring different shapes in their environment <br> - Sort objects related to the number |
| GAMES | How many flower in a vase? |

## OCTOBER

| NUMERACY | - 11,12,13,14 <br> - Oral Counting - 1 to 40 |
| :---: | :---: |
| PRE MATHS CONCEPT | - More / less |
| ACTIVITY TIME | - Ganit mala (counting through fingers and different objects) <br> - Fingertip printing <br> - Thumb printing <br> - Scenery making by using different shapes <br> - Fruits activity |
| LEARNING OUTCOMES | Learners will be able to: <br> - Recognize numbers and repeat them <br> - Use numbers to count and tell how many |


| GAME | Building Blocks |
| :--- | :--- |

## NOVEMBER

| NUMERACY | $\bullet$• $15,16,17,18,19,20,21,22,23$ <br> Oral Counting -1 to 50 |
| :--- | :--- |
| PRE MATHS <br> CONCEPT | $\bullet$ In / Out |
| ACTIVITY TIME | $\bullet$Climbing up the ladder <br> Game (In and Out) |
| LEARNING <br> OUTCOMES | Learners will be able to: <br> - Recognize two-digit numbers <br> - Draw the objects according to the given number |
| GAME | Beading game |

## DECEMBER

| NUMERACY | - 24,25,26,27,28,29,30 <br> - Oral Counting - 1 to 60 |
| :---: | :---: |
| PRE MATHS CONCEPT | - Heavy / Light |
| ACTIVITY TIME | - Button activity <br> - Bingo |
| LEARNING OUTCOMES | Learners will be able to: <br> - Understand the matching concept (objects with numbers). <br> - Identify a particular date on a calendar. |
| GAME | Dominos |

## JANUARY - FEBRUARY

| NUMERACY | $\bullet 31$ to 50 |
| :--- | :--- |
|  | $\bullet$ <br>  <br>  <br>  <br>  <br>  <br>  <br>  • Back Counting -1 to 70 |
|  | Revision Counting $-10-1$ |


| PRE MATHS <br> CONCEPT | $\bullet$ Thick / Thin |
| :--- | :---: |
| ACTIVITY TIME | $\bullet$ Bingo |
| LEARNING <br> OUTCOMES | Learners will be able to : <br> $\bullet$ <br> $\bullet$ <br> Write counting upto 50 |

हिन्दी पाठ्यक्रम 2024-2025

| मास | शिक्षण का उद्देश्य | स्वर (मौखिक) | बालगीत |
| :---: | :---: | :---: | :---: |
| ज़ुलाई | छात्रों को 'अ' एवं 'आ' की ध्वनि से परिचित कराना <br> - चित्रों द्वारा 'अ’ एवं 'आ' का उच्चारण स्पष्ट कराना। <br> - लिखित - अ, आ |  | - चार नौकर <br> - एक-एक पेड़ <br> - हाथी राजा <br> - सिन्दबाद की गुड़िया |
| अगस्त | - चित्रों की सहायता से इ एवं ई से परिचित कराना। <br> - कविता के माध्यम से इ एवं ई के उच्चारण को स्पष्ट कराना <br> - लिखित-इ, ई | इ-'इ' से इमली खट्ठी-मीठी होती है, चटखारे लेकर मेरी दादी खाती है। ई-ई से ईख खूब चबाओ, नाचो गाओ मौज उड़ाओ। | - मेरा भारत <br> - आँधी आई <br> - कागज के टुकड़े <br> - आलू कचालू |
| सितम्बर | - छात्रों को चित्रों के माध्यम उ एवं ऊ से परिचित कराना। <br> छात्रों को उ तथा ऊ में अन्तर स्पष्ट कराना। <br> लिखित-उ, ऊ | उ-‘' से उल्लू रात को जागे, भोर होते ही घर को भागे। <br> ऊ-'ऊ' से ऊन सर्दी में प्यारी, | - डाकिया <br> - मोर <br> - हाथी |


| अक्टूबर | - ए एवं ऐ स्वरो को कविता के माध्यम से परिचित कराना। <br> - ए तथो ऐ के उच्चारण में <br> - शब्दकोष में रूचि उत्पन्न कराना। <br> - लिखित-ए, ऐ | ए-'ए' से एड़ी। ऐ-'ऐ' से ऐनक बड़ा-बड़ा दादाजी की नाक चढ़ा | - सरकस <br> - चिड़िया <br> - वो छल्के रात और दिन |
| :---: | :---: | :---: | :---: |
| नवम्बर | - ऋ एवं ओ का उच्चारण स्पष्ट कराना। <br> - छात्रों को चित्रो के माध्यम से ऋ एवं ओ से परिचित कराना। <br> - ज्ञान कोष में वृद्धि कराना। <br> - लिखित-ऋ, ओ |  | - तितली <br> - गेंद <br> - मेरी बिल्ली काली पीली <br> - मम्मी पहने साड़ी |
| दिसम्बर | - (औ, अ) चित्रों द्वारा छात्रों को परिचित कराना। <br> - औ, अं स्वरो से संबंधित चित्र दिखाकर प्रश्न पूछना ताकि छात्रों के ज्ञान में वृद्धि हो और वे स्वरों के |  | - चुहिया रानी <br> - चिड़िया घर <br> - हरी नीम की डाल पर <br> - सर-सर उड़ी पतंग |


|  | उच्चारण में अंतर को समझ सके। <br> - लिखित-औ, अं |  |  |
| :---: | :---: | :---: | :---: |
| जनवरी | - चित्रों तथा कविता के माध्यम से पुर्वाभ्यास कराना। <br> - लिखित-अ से अ: | 'अ से अ:' | - बंदर मामा <br> - चिड़िया लाई दाना <br> - जंगल में एक शेर |
| फरवरी | सीखे गए ज्ञान को स्थायी बनाने के लिए कविता के माध्यम से 'अ' से 'अ:' तक के स्वरों का पुर्नाभ्यास कराना। <br> लिखित-पुर्नाभ्यास अ से अः तक | 'अ से अ:' | - आलू बोला मुझको खालो <br> - आओ भाई आओ |

## कहानी

## शेर और भालू

एक बार, एक शेर और एक भालू ने एक ही समय में हिरण को मारा। वे शिकार को बाँटना नही चाहते थे, इसलिए उन दोनों में झगड़ा हो गया। झगड़ते-झगड़ते वे दोनों थक गए और लेट गए। एक लोमड़ी उन्हें बहुत देर से दूर से देख रही थी। जैसे ही, उसने उन दोनों को आराम करते हुए देखा, उसने हिरण को उठाया और भाग गई। शेर और भालू असहाय से उसे देखते रह गए। दोनों ने एक दूसरे से कहा, "कितना अच्छा होता, यदि हम शिकार को आधा-आधा बाँट लेते। लोमड़ी तो भोजन का आनंद ले रही है, जबकि हमें कुछ भी नहीं मिला।"

## शेर और चूहा

गर्मी का दिन था और एक शेर अपनी गुफा में झपकी ले रहा था। अचानक एक चूहा गलती से उसकी नाक पर चढ़ गया और शेर जैसे खतरनाक जानवर को जगा दिया शेर को बहुत गुस्सा आया। शेर अपने पंजे के नीचे चूहे को कुचलने ही वाला था कि नन्हा चूहा अपनी जान की भीख मांगने लगा। शेर ने चूहे पर दया की और उसे जाने दिया।
कुछ दिनों बाद शेर जंगल में भटकते हुए शिकारियों के जाल में फंस गया और जाल में फंस गया। वह रस्सियों में इस कदर उलझा हुआ था कि हिल भी नहीं पा रहा था शेरे जमीन पर लेट गया और बेबस होकर दहाड़ने लगा। उसकी पुकार पूरे जंगल में गूँज उठी और चूहे के कानों तक पहुँच गई। वह दैड़कर मीके पर पहुंचा और जाल के धागों को टुकड़ों में काट लिया। इस प्रकार शेर की जान बच गई।

शिक्षा -: हर चीज की अपनी कीमत होती है



## Session- 2024-25

$>{ }^{\text {st}}$ Term (April-September)

- Musical skills

Introduction with Music

* Vocal Warm-up

Do ReMi

- Beats

Claps and tempo

- Musical Theme Hindi Song
a) Aao bacho Tumhe

Dikhayein

Western Musical Song
a) We Shall Overcome

- Learning outcomes
- To build up early sense of Beats.
- Helps them develop the sense of Music.
$>I^{\text {nd }}$ Term (October-February)
- Musical skills

Introduction to various patterns of 7 Notes

* Vocal Warm-up Indian Solfage- $\mathrm{Sa}, \mathrm{Re}, \mathrm{Ga}$
- Knowledge of Beats at Different tempo 4 and 8 Claps Rotation
- Musical Theme

Hindi Song
a) Prayer- Tumhi ho Mata English Fun Song
b) Action Song

- Learning outcomes
- To build up Spiritual connection with the help of Music.
- Help them develop differentiation between notes


# Session 2024-2025 

DANCE SYLLABUS
CLASS- Pre school

## > ITerm (April-September)

$>$ Foundation technique Beginning level of Artistic dance on Rhymes

## > Skill Development

Inco-operate the elements of speed \& tempo workout on music piece
> Artistry Approach Bring expressions, flexibility, co-ordination \& performance through dance on Patriotic song
$>$ Learning outcomes

- To build up sense of rhythm
- To develop self confidence


## >IITerm(October-February

$>$ Foundation technique
Recognize their own
emotions through free style dance on Eng song
> Skill Development
Understanding of directional terms like front, back, down, side \& round
> Artistry Approach Joyful learning through popular Hindi song
> Learning outcomes

- To increase creativity through movements
- To bring flexibility \& expressions

