

ENGLISH SYLLABUS
CLASS-1
SESSION: 2025-2026

APRIL - MAY

MAIN COURSE BOOK	Ch:1- Meet my Family Poem- The Fleeting Deer
GRAMMAR	<ul style="list-style-type: none"> • Vowels and Consonants • Concept of A , An • Use of is , am , are • Noun • Punctuation (Use of Capital letters and full stop)
CREATE AND LEARN	<p>‘Recite and Rejoice’</p> <ul style="list-style-type: none"> • To welcome the tiny tots by reciting poems and action songs. • Narration of short moral stories using picture cards. • Self Introduction – On A-4 size sheet, write your name, class, school, house address and contact number. • ACTIVITY – Make stick puppets by pasting photographs of your family members and introduce them in class. • Name Game based on Nouns • MOTHER’S DAY CELEBRATION: Make a beautiful card for your dear Mom.
LEARNING OUTCOMES	<p>The students will be able to-</p> <ul style="list-style-type: none"> • Recite poems with the actions and expressions. • Listen to and appreciate simple songs, rhythms, poems. • Recognize all the letters of the alphabet. • Read simple sentences. • Use Capital Letters and Full Stop correctly.
JULY	
MAIN COURSE BOOK	Ch: 2 – Wake Up Ch: 3 – At the Bus Stop Ch: 4 – Priya’s Birthday Poem – Caring

GRAMMAR	<ul style="list-style-type: none"> • Singular Plural • Action Words • Correct form of Verbs • Picture Description
CREATE AND LEARN	<ul style="list-style-type: none"> • Action words Game – Dumb Charades • Create a Party Scene – Draw / paste pictures of things and food items you will keep in your birthday party. • Play ‘Word Antakshari’ about the things we use and eat in summer. • Time to Tell Session: Share information about your school in the class. • Friendship Day Celebration – Make an attractive friendship band for your best friend.
LEARNING OUTCOMES	<p>The students will be able to-</p> <ul style="list-style-type: none"> • Read with correct pronunciation. • Speak sentences describing familiar objects and places like park, picnic, party, games. • Use magic words like Good morning, Thank you, Please. • Understand oral instructions given by the teacher. • Asking simple sentences like <ul style="list-style-type: none"> ❖ What is your name? ❖ How are you?
AUGUST	
MAIN COURSE BOOK	<p>Ch: 5 – Snoopy</p> <p>Ch: 6 – In the Park</p>
GRAMMAR	<ul style="list-style-type: none"> • Opposites • Pronouns (He / She / It / They) • Picture Description • Creative Writing - Lines on Myself
CREATE AND LEARN	<ul style="list-style-type: none"> • Show and Tell – “ My Pet” • Activity – Dress up as any ‘Freedom Fighter’ and speak few lines about the same. • Creative Skill: With your imagination, draw a scene of a park and describe it in few sentences.

	<ul style="list-style-type: none"> • Group Activity: Pairing the antonyms
LEARNING OUTCOMES	<p>The students will be able to –</p> <ul style="list-style-type: none"> • Sing and recite songs with expressions and actions. • Develop proper pronunciation and new vocabulary. • Identify opposite words such as Hot /Cold, Sit/ Stand , Black/ White etc. • Use appropriate pronouns related to persons, animals and things.
SEPTEMBER	
MAIN COURSE BOOK	<p>Ch: 7 – My Grandmother</p> <p>Poem: Two Baby Owls</p>
GRAMMAR	<ul style="list-style-type: none"> • Punctuation (Use of Question Mark) • Verbs (Present / Past)
CREATE AND LEARN	<ul style="list-style-type: none"> • Grandparents Day Activity – Speak about how you spend time with your grandparents with the help of puppets. • “Act and Guess”: Watch the actions and guess the word. • TEACHER’S DAY CELEBRATION: Make a beautiful card for your loving teacher.
LEARNING OUTCOMES	<p>The students will be able to-</p> <ul style="list-style-type: none"> • Recite poems with actions and expressions. • Share their views verbally and confidently. • Use punctuation marks correctly while writing sentences.
OCTOBER	
MAIN COURSE BOOK	<p>Poem : My School Promise</p>
GRAMMAR	<ul style="list-style-type: none"> • Creative Writing - My Favourite Fruit • Revision
CREATE AND LEARN	<ul style="list-style-type: none"> • Word Game – To make different words from one word.

	Story Session- Narration of Mythology tales.
LEARNING OUTCOMES	<p>The students will be able to-</p> <ul style="list-style-type: none"> • Think creatively while playing different roles. • Develop social skills and build confidence. • Frame sentences in English.
NOVEMBER	
MAIN COURSE BOOK	<p>Ch: 8 – My House</p> <p>Ch: 9 – Let us Enjoy the Rain</p>
GRAMMAR	<ul style="list-style-type: none"> • Describing Words • Genders • Picture Composition
CREATE AND LEARN	<ul style="list-style-type: none"> • Draw a picture of a house. Decorate it using waste materials (buttons , ice cream sticks , pencil shaving , newspaper etc.) and describe it in few sentences. • Make a Rainy Day scene and write what you like to do on a rainy day. • Activity- “ Search your Partner” <p>CHILDREN’S DAY CELEBRATION – A Class Party with fun games, dance, music.</p>
LEARNING OUTCOMES	<p>The students will be able to-</p> <ul style="list-style-type: none"> • Answer simple sentences related to lesson and story. • Speak about situations and pictures. • Carry out basic instructions like open your book, take out your book and notebook.
DECEMBER	
MAIN COURSE BOOK	<p>Ch: 10 – A Visit to Zoo</p> <p>Poem: My Garden</p>
GRAMMAR	<ul style="list-style-type: none"> • Prepositions (in , on, under, behind, between, above) • Jumbled Sentences

CREATE AND LEARN	<ul style="list-style-type: none"> • Make a mask of your favourite animal and speak few lines about it. • Creative Skill - Thumb Print Activity • Activity on “Prepositions” • Christmas Celebration – Wear Santa caps and enjoy fun filled Christmas Party.
LEARNING OUTCOMES	<p>The students will be able to-</p> <ul style="list-style-type: none"> • Make sentences correctly. • Use different position words appropriately. • Associate words with pictures.
JANUARY	
MAIN COURSE BOOK	Ch: 11- Bunny Reached Home
GRAMMAR	<ul style="list-style-type: none"> • Comprehension • Creative Writing – My Best Friend
CREATE AND LEARN	<ul style="list-style-type: none"> • Booklicious Week- Reading short stories in class. • List some fun activities that you would like to do with your best friend. • Activity – Vegetable Printing
LEARNING OUTCOMES	<p>The students will be able to-</p> <ul style="list-style-type: none"> • Answer simple questions related to comprehension passage. • Read independently with correct pronunciation and pauses. • Enrich their vocabulary by listening to poems and short stories. • Frame sentences correctly.
FEBRUARY	
Revision	

हिन्दी पाठ्यक्रम - 2025-26

कक्षा - प्रथम

अप्रैल और मई पाठ्य-पुस्तक	<ul style="list-style-type: none">★ अ , अः क से ज़ दो तीन चार अक्षरों से बने शब्द★ आ (ा) की मात्रा
रचनात्मक गतिविधियाँ	<ul style="list-style-type: none">★ कक्षा में चित्रों की सहायता से कहानी सुनना★ आ की मात्रा से संबंधित शब्द निर्माण (चित्र सहित) जैसे टमाटर , मकान <div></div>
शिक्षण उद्देश्य	<ul style="list-style-type: none">★ छात्रों को सभी स्वरों और व्यंजनों की ध्वनि से परिचित करवाना ।★ कहानी को सुनने में रुचि लेना और उन्हें मजे से सुनना और सुनाना
जुलाई पाठ्य-पुस्तक	<ul style="list-style-type: none">★ इ (ि) और ई(ी) की मात्रा
व्याकरण	<ul style="list-style-type: none">★ शब्दों को शुद्ध करना
रचनात्मक गतिविधियाँ	<ul style="list-style-type: none">★ “तितली रंग बिरंगी होती है , तितली पर एक कविता कक्षा में सुनाइए”★ फलों का राजा ‘आम’

	कक्षा में आम दिवस मनाया जाएगा ।
शिक्षण उद्देश्य	<ul style="list-style-type: none"> ★ इ ई की मात्रा का परिचय देना तथा ध्वनि के माध्यम से मात्रा की पहचान करवाना । ★ मात्राओं के प्रयोग द्वारा नए शब्दों का निर्माण । ★ इ ई की मात्रा से नवीन शब्द बना सकेंगे
अगस्त और सितंबर पाठ्य-पुस्तक	<ul style="list-style-type: none"> ★ उ(ु) और ऊ(ू) ऋ की मात्रा ★ ए (े) ऐ (ै) की मात्रा
व्याकरण	<ul style="list-style-type: none"> ★ फलों और सब्जियों के नाम
रचनात्मक गतिविधियाँ	<ul style="list-style-type: none"> ★ हमें सुबह जल्दी उठना चाहिए , सुबह उठने के क्या-क्या फायदे हैं , कक्षा में विचार विमर्श करना । ★ कृष्ण जन्माष्टमी पर कृष्ण , बलराम , नंद , यशोदा , राधा का रूप धारण कीजिए और दो-दो वाक्य कक्षा में सुनाइए
शिक्षण उद्देश्य	<ul style="list-style-type: none"> ★ उ ऊ ऋ ए ऐ की मात्रा का परिचय देना तथा ध्वनि के माध्यम से मात्रा की पहचान करवाना । ★ देखी सुनी और पढ़ी गई बातों को सहज ढंग से अभिव्यक्त करना ★ अभिनय के द्वारा अपने भावों को व्यक्त करना
अक्टूबर	

पाठ्य-पुस्तक	★ ओ (ो) और औ (ौ) की मात्रा
रचनात्मक गतिविधियाँ	<p>★ पटाखे हमारी सेहत के लिए खतरनाक होते हैं तो क्या हमें पटाखे जलाने चाहिए हाँ या नहीं , कक्षा में विचार विमर्श करना</p> <p>★ पपेट की सहायता से कक्षा में कहानी प्रतियोगिता का आयोजन करवाया जाएगा ।</p>
शिक्षण उद्देश्य	<p>★ मात्राओं का शुद्ध उच्चारण सिखाना।</p> <p>★ मौखिक व लिखित अभिव्यक्ति का विकास करना।</p>
नवंबर पाठ्य-पुस्तक	★ अं की मात्रा
व्याकरण	★ लिंग , वचन
रचनात्मक गतिविधियाँ	<p>★ जिंगल टून्स की सहायता से एनिमेटेड गीत, नानी तेरी मोरनी को मोर ले गए सुनिए और याद करके कक्षा में सुनाइए ।</p> <p>★ अपने अच्छे मित्र के बारे में पाँच वाक्य लिखिए -</p>
शिक्षण उद्देश्य	<p>★ लेखन कार्य करते समय शब्दों की वर्तनी पर ध्यान देना ।</p> <p>★ हाव भाव एवं लय के साथ कविता वाचन करवाना</p>

	★ विराम चिह्नों से परिचित करवाना।
दिसंबर पाठ्य-पुस्तक	पाठ=19 मेहनती चिड़िया पाठ=20 पेड़ लगाओ (कविता)
व्याकरण	★ विलोम शब्द ,चित्र वर्णन ,गिनती (1-10)
रचनात्मक गतिविधियाँ	<p>★ हमारा घर बहुत सारे सहायक मिलकर बनाते हैं । इसी प्रकार हमारे आसपास अनेक सहायक हमारी मदद करते हैं । पाँच सहायकों के चित्र चिपका कर उनके नाम लिखो</p> <p>★ अपने मित्र के जन्मदिन पर उपहार में उसे एक पौधा दीजिए और उसकी देखभाल करने के लिए कहिए</p>
शिक्षण उद्देश्य	<p>★ कल्पना शक्ति के माध्यम से अपने विचारों को व्यक्त करना ।</p> <p>★ व्याकरण बिन्दुओं का ज्ञान प्रदान करना।</p> <p>★ शुद्ध वाक्य निर्माण करवाना ।</p>
जनवरी और फरवरी पाठ्य पुस्तक	पाठ=21 महक का जन्मदिन
व्याकरण	विराम चिह्न , व्याकरण पुनरावृत्ति
रचनात्मक गतिविधियाँ	★ जन्मदिन का कार्ड अपने सुंदर हाथों से बनाकर अपने मित्र को दीजिए

	<p>★ हमें हमेशा मीठी बोली बोलनी चाहिए । मीठी बोली बोलने से ही सब लोग प्रसन्न होते हैं । कक्षा में विचार विमर्श करना ।</p>
शिक्षण उद्देश्य	<p>★ चित्रों के माध्यम से बच्चों के लेखन व पठन कौशल का विकास करना ।</p> <p>★ कहानी सुनने पढ़ने में रुचि जाग्रत करना ।</p> <p>★ हँसी खुशी एवं उल्लास ।</p>

MATHS SYLLABUS

CLASS - I

APRIL- MAY	
CH-1 NUMBERS UPTO 9	<ul style="list-style-type: none">• Numbers 1 to 9• Numbers names• Concept of zero• Before after between• Building numbers upto 9• Comparing numbers• Increasing/Decreasing order
CH-2 ADDITION UPTO 9	<ul style="list-style-type: none">• Counting forward to add• Adding zero and one• Addition facts• Vertical addition• Number line• Adding three numbers
CH-3 SUBTRACTION UPTO 9	<ul style="list-style-type: none">• Subtracting zero and one• Subtract by counting and crossing out.• Subtraction facts• Number line• Vertical subtraction
WORKBOOK	Worksheet- 1, 2 & 8
CREATIVESKILLS	<ul style="list-style-type: none">• Making number cards 0 to 9 with number names.• To learn the concept of before, after & between through number strips.• Comparisons of numbers using digit cards.• Subtraction through number lines, tearing number strips and combination of playing cards.
LEARNINGOUTCOMES	<p>➤ <u>The students will be able to:-</u></p> <ul style="list-style-type: none">• Recite number names and count objects upto 9, pictorially and symbolically.• Compare numbers upto 9.• Construct addition and subtraction facts upto 9 by using objects.

JULY	
CH-4 POSITIONS	<ul style="list-style-type: none"> • Positions • Ordinal numbers
CH-6 NUMBERS FROM 10 TO 100	<ul style="list-style-type: none"> • Concept of Tens and Ones • Numbers from 21 to 100 • Comparing numbers • Before, After and Between • Backward counting • Ordering numbers
WORKBOOK	Worksheet- 9 to 20
CREATIVE SKILLS	<ul style="list-style-type: none"> • Making arrow cards to form number 100. • Numbers Hopscotch • Skip counting charts showing groups of items for visually skip counting work wonders. Charts showing hands and feet or glasses are helpful for visualizing. • PLAY TIME:- A race will be organized to explain ordinal numbers by the position of the winners.
LEARNING OUTCOMES	<p>➤ <u>The student will be able to:-</u></p> <ul style="list-style-type: none"> • Develop and apply the understanding of place value while grouping and recognizing them. • Solve daily life situation based on addition and subtraction of 2 digit numbers. • Use place value in writing and comparing 2 digit numbers.

AUGUST	
CH-5 SHAPES AND PATTERNS	<ul style="list-style-type: none"> • Plain shapes • Similar shapes • Different shapes • Rolling and sliding • Patterns
WORKBOOK	Worksheet- 35 to 37
CREATIVE SKILLS	<ul style="list-style-type: none"> • Throw dice and solve:- Addition and Subtraction to explain the concept of rolling and sliding by showing different objects. • Making number combination upto 100 by using stars, smilies etc.
LEARNING OUTCOMES	<ul style="list-style-type: none"> • Describe the physical features of various solids/shapes in their own language. • Observe, extend and create patterns of shapes and numbers.
SEPTEMBER	
CH-7 ADDITION AND SUBTRACTION	<ul style="list-style-type: none"> • Addition and subtraction of 2 digit and 1 digit numbers. • Addition and subtraction using number lines. • Addition and Subtraction by regrouping method.
WORKBOOK	Worksheet- 21 to 29
CREATIVE SKILLS	<ul style="list-style-type: none"> • Making number 100 using number grid. • To reinforce the concept of addition and subtraction through blocks number bars and ice-cream sticks. • Demonstration- skip counting using different objects like crayons/spoons/pencils. • To develop skill of addition and subtraction using "Rubik's Cube".

LEARNING OUTCOMES	<p>➤ <u>The students will be able to:-</u></p> <ul style="list-style-type: none"> • Solve day to day problems related to addition and subtraction of numbers upto 100. • Can solve real life problems through stories (story sums) in logical way.
OCTOBER	
CH-8 TIME AND MONEY	<ul style="list-style-type: none"> • Clock • Days of the week • Months in a year • Money • Counting money (notes and coins)
WORKBOOK	Worksheet :- 35 to 40, 44 to 47
CREATIVE SKILLS	<ul style="list-style-type: none"> • Make a model of clock. • Demonstration:- knowing and reading a calendar • Creating a mock market in the class and performing small addition and subtraction operations on money. • Demonstration:- Indian currency (notes and coins).
LEARNING OUTCOMES	<p>➤ <u>The students will be able to:-</u></p> <ul style="list-style-type: none"> • Identify the days of the week and months of the year. • Tell the time to the hour using the clock. • Value of currency notes upto 100 (notes and coins) and performs addition and subtraction operations.

NOVEMBER	
CH-9 MEASUREMENT	<ul style="list-style-type: none"> • Length and height • Measuring length using body parts. • Measuring length and height using smaller objects. • Weight • Capacity
WORKBOOK	Worksheet:- 33 and 34
CREATIVE SKILLS	<ul style="list-style-type: none"> • Measuring with blocks • Create a height chart on a wall using a ruler or measuring tape. • Measurement vocabulary cards. • Paper clip measuring. • Jumps with measuring tape.
LEARNING OUTCOMES	<p>➤ <u>The students will be able to:-</u></p> <ul style="list-style-type: none"> • Learn about length, height, weight and capacity. • Learn about measuring length using body parts and smaller objects. • Learn about long and short. • Learn about thick and thin.
DECEMBER	
CH10 DATA HANDLING	<ul style="list-style-type: none"> • Count and write data
WORKBOOK	Worksheet- 48
CREATIVE SKILLS	<ul style="list-style-type: none"> • Counting and representing data of things/objects in your study rooms. • Collecting and recording number of members in your family.

LEARNING OUTCOMES	<p>➤ <u>The students will be able to:-</u></p> <ul style="list-style-type: none"> • Collect, record using pictures/numerals and interpret the simple information by looking at visuals.
JANUARY	
CH-11 MULTIPLICATION	<ul style="list-style-type: none"> • Repeated addition • Tables • Multiplication facts • Skip counting
WORKBOOK	Worksheet- 41 to 43
CREATIVESKILLS	<ul style="list-style-type: none"> • Making bundles of different objects for learning the concept of multiplication as a repeated addition. • Pick and match multiplication cards with repeated addition.
LEARNING OUTCOMES	<p>➤ <u>The students will be able to:-</u></p> <ul style="list-style-type: none"> • Construct knowledge of multiplication as a repeated addition.
FEBRUARY	
Revision	

CLASS-I ART EDUCATION 2025-2026	
APRIL TO SEPTEMBER	
SKETCHING SKILL	<ul style="list-style-type: none"> • Sketching with Alphabets / Numbers • Scenes • Birds / Animals / Fruits • Facial Expression • Monster
COLOURING SKILL	<ul style="list-style-type: none"> • Primary colours • Secondary Colours • Basic strokes pigment
CRAFT WORK	<ul style="list-style-type: none"> • Spinning Wheel • Sun • Origami • Clay Molding
INNOVATIVE WORK	<ul style="list-style-type: none"> • Dot Art • Impression Art • Sticking Art • Finger Prints Art
LEARNING OUTCOMES	<ul style="list-style-type: none"> • Developing sense of visual art • To strengthen Basic strokes pigment
OCTOBER TO FEBRUARY	
SKETCHING SKILL	<ul style="list-style-type: none"> • Free hand sketching • Poster Design • Festivals Scenes
COLOURING SKILL	<ul style="list-style-type: none"> • Fun with colours
CRAFT WORK	<ul style="list-style-type: none"> • 3D Craft
INNOVATIVE	<ul style="list-style-type: none"> • Mosaic / Creative Patterns / Potato Painting
LEARNING OUTCOMES	<ul style="list-style-type: none"> • To strengthen Basic strokes pigment • To develop craft skills

SPORTS(CLASS-1) 2025-26

TERM-I	TERM-II
*Ardha padmasana, Virabhadrasana, Bhujangasana	*Padmasana, Ardha Chakrasana, Paschimottanasana
* 50 M. Run	* Pick the cone race
* Lemon and Spoon race	* Lemon and Spoon race
* Mass P.T.	* Marching skills
* Plate Tapping (SAI KHELO INDIA FITNESS TEST)	*Dumbbell exercise
* Ball Toss, clap & catch activity	* Flamingo balance test (SAI KHELO INDIA FITNESS TEST)
LEARNING OUTCOME :	LEARNING OUTCOME :
1. To sit in correct posture.	1. To improve body posture.
2. To enhance their flexibility	2. To develop inter-personal skills.

MUSIC SYLLABUS

Term I (April - September)	Term II (October - February)
<p>MUSIC SKILLS</p> <p>*Alankaar - Sa re Sa re ga, re ga re ga ma Sa ni sa ni dha nidha ni dha pa *Rhythmic Knowledge - Rhythmic hand beats with song</p>	<p>MUSIC SKILLS</p> <p>*Alankaar - Sa Sa re re ga ga ma pa - Sa ni dha ni dha pa dha Pa ma</p>
<p>MUSICAL THEME</p> <p>*Baalgeet - o Papad wale wale panga na le *Baalgeet - Nani teri morni jangal me nache</p>	<p>MUSICAL THEME</p> <p>*Baalgeet – chota bacha jaan ke -Papa mere papa chanda ne pucha *National Anthem – jan gan man</p>
<p>LEARNING OUTCOMES</p> <p>*To develop singing ability *To inculcate sense of Swaras</p>	<p>LEARNING OUTCOMES</p> <p>*Sing song with actions *Will able to comprehend various Swaras</p>

Session 2025-2026

DANCE SYLLABUS

CLASS-I

➤ I Term (April-September)

- **Skill Development**
Dance with prop(cap/stick)
- **Innovative Ability**
Dance on students' choice of songs
- **Artistry Approach**
Free style dance
- **Rhythm pattern**
Remix retro dance
- **Learning outcomes**
 - To build up sense of rhythm
 - To increase creativity through movements

➤ II Term(October-February)

- **Skill Development**
Dance on motivational English song
- **Innovative Ability**
Dance on Medley of songs
- **Artistry Approach**
Popular Hindi songs
- **Rhythm pattern**
Different formations & movements in dance composition
- **Learning outcomes**
 - Learn to develop coordination
 - To build up self confidence

