

AVB PUBLIC SCHOOL SESSION: 2025 – 2026 Syllabus **PRE SCHOOL**



SUBJECT : ENGLISH

APRIL - MAY

• My Classroom

LETTER	• LI, Tt
VOCABULARY	Log, lion , leaf , lamp , lock , lizard , lollipop , lemon , lotus, leopard , ladder , lunch , train , tiger , telephone , tomato , triangle , Apple , Mango , Grapes etc.
PHONETIC DRILL	A says ऐ B says অ C says ক D says उ
GENERAL AWARENESS	 Introduction of formal greeting words- "Hello", "Good Morning", "Good Afternoon"," See you soon" Children will aware of their belongings such as bag, bottle, lunch box etc. Self Introduction My name is I am a girl/boy. I am years old.
PLAY WAY	 Musical exercise Scribbling using different colors GENDER IDENTIFICATION (I am a girl/boy) MY BELONGINGS (students will touch their belongings in the class/bag) Outdoor activity – triangle walk
LEARNING OUTCOMES	 Learners will be able to – Hold a pencil while writing. Differentiate between different types of fruits and vegetables. Differentiate and name the primary colors (red, blue, yellow) and other common colors in the environment. Recite poem through videos.
THEATRE CLASS	Warm up- kids will do warm up exercise that include both physical and vocal component (these activities increase focus while also expanding vocabulary and encouraging children to speak clearly)



THEME: - My Body Parts Seasons Action words Indoor

and Outdoor games

LETTERS	Ii, Hh, Ff, Ee
VOCABULARY	Igloo, insect, injection, ice cream, ink pot, hanger, hut , hand, hen, hospital, fish, fan, fire, frame, frog, elephant, egg, eye, ear, earth, summer, winter, rainy etc.
PHONETIC DRILL	E says 🤻
	F says Th
	G says ग
	H says 🦉
GENERAL AWARENESS	 Knowledge of- Different parts of body-eyes, nose, ears etc. Good and bad habits (through moral story). Acknowledge the presence of peers, greet and call out for their friends.
PLAY WAY	
	 Ice cream day ORAL DRILL – Today is (Date and day), Today's weather, Greeting Visitors LETTER HUNT (students will jump on a letter) Large scale work - Hand printing Guided play - Face activity (using clay)
	Outdoor activity – Handshake race
LEARNING OUTCOMES	 Learners will be able to – Recognize different parts of body.
	 Develop social and listening skills e.g. leading and following etc. Differentiate between different type of seasons.
THEATRE CLASS	CONCEPT OF LOUD AND QUITE - Teacher will introduce the concept of loud / quite to the kids. Kids will make a circle and tell their name loudly.

AUGUST - SEPTEMBER

THEME: -
 Animal Kingdom
 Festivals
 Home of Animals

LETTERS	 Nn,Aa,Vv,Ww
VOCABULARY	Nest , nail , nose , net , no , number , arrow , ant , astronaut, apple , axe , vase , violin , van , vegetable ,

	water, watch, wall, window, cat, kitten, dog, puppy etc.
PHONETIC DRILL	I says ই J says জ K says ফ L says ল
GENERAL AWARENESS	 Knowledge of- Different type of festivals (National & Religious). Different kinds of animals (Water, wild & domestic). Magic words- Sorry, Excuse me, Thankyou & Please.
PLAY WAY	 Fun with apple (apple race) LETTER WALK Newspaper activity Flag making and Matki decoration Outdoor activity – throw and catch Jump on letters
LEARNING OUTCOMES	 Learners will be able to – Differentiate between sounds of animals. Start using small sentences- May I drink water. May I go to washroom. Please give me pencil / Eraser.
THEATRE CLASS	Kids will act like animals (by wearing mask and puppets) like lion, tiger, cow, cat, dog etc.

OCTOBER

THEME: - Means of Transport National symbols Clothes

• My Home

LETTERS	• M m , X x , Y y , Z z , K k
VOCABULARY	Moon, mirror, mat, monkey, x- ray, xylophone, yellow, yacht, zoo, zero, kite, key, bus ,road ,car ,rocket ,lotus , peacock ,tiger ,parachute etc.
PHONETIC DRILL	M says म N says न O says ओ P says प

r	
GENERAL	Right / Left
AWARENESS	Upward / Downward open curve
	 Knowledge of Road Safety rules -
	1. Zebra Crossing
	2. Traffic light
	Red – stop
	Yellow – wait
	Green - go
	Introduction of National Flag "TIRANGA"
	Colors-Saffron, white and green.
	Ashoka Chakra
PLAY WAY	SEMOLINA ACTIVITY (Children will write letters on a
	plate by using fingers)
	Yellow fruit day
	X-mas tree decoration
	Moon pasting
	Zig zag activity using different colors
	Outdoor activity – zig zag walk
LEARNING	Learners will be able to –
OUTCOMES	Know about our National Symbols.
	Follow the instructions given by the teacher.
	Follow basic safety rules
THEATRE CLASS	ROLE PLAY – STORY
	The hare and the tortoise

NOVEMBER

THEME: • Our Helpers • My Favorite Things

LETTERS	Oo,Cc,Qq,Gg,Dd
VOCABULARY	Octopus, orange, owl, open, olives, onion, cat, candle,
	cap , cup , cow , camel , queen , quilt , quill , gate , gun ,
	goat , grapes , grass , dog , drum , dinner , diamond ,
	teacher, carpenter, doctor etc.
PHONETIC DRILL	
PHONE IIC DRILL	Q says and
	R says 🔳
	S says 🔣
	T says 💈
GENERAL	Introduction of-
•=	
AWARENESS	Different type of helpers in our community.
	Good touch & bad touch.

PLAY WAY	 FREE HAND (kids will write alphabets on class board) Dog face making with origami Cake pasting Outdoor activity-Animal race
LEARNING OUTCOMES	 Learners will be able to – Take care of her/ his personal hygiene. Identify people in the community who helps us in an emergency- doctor, fireman etc.
THEATRE CLASS	Mirror – Mirror

DECEMBER

THEME • Days of the week

LETTERS	• Pp, Bb, Rr, Ss
VOCABULARY	Parrot, pencil, plate, pumpkin, balloon, boat, brinjal, butter, bubble, rabbit, rose , road , ring , rocket , rain , sun , swan , skirt , ship , star , Monday , Tuesday , Wednesday , Thursday , Friday , Saturday , Sunday etc .
PHONETIC DRILL	U says 🗿
	V says व W says X says एक्स
GENERAL	Introduction of different types of smell (through
AWARENESS	experiment)
	 Knowledge of days of the week & months.
PLAY WAY	 Shadow play LETTER HUNT(students will pick a letter card from box)
	Outdoor activity - Fun with alphabet
LEARNING	Rat activity Learners will be able to –
OUTCOMES	 Recognize different days in a week.
	 Exhibit fine motor skills, eye hand co-ordination and muscle strength in simple activities.
THEATRE CLASS	If You're 'Something' and You Know It.
	> If you're happy and you know it, smile wide.
	> If you're excited and you know it, jump up high.
	> If you're tired and you know it, time to yawn.

> If you're angry and you know it, stamp your feet.
SCARED SLEEDY ANCRY ANCRY

JANUARY - FEBRUARY THEME: - • Healthy and Junk food

LETTERS	● Jj,Uu
	 Introduction of 'at' and 'ap' sound words
	Cursive stroke .
VOCABULARY	Jellyfish , jam , jug , jump , joker , jacket , uniform , urn ,
	under, up , utensils , uncle , cat , hat , bat , mat , rat , cap ,
	tap , map etc.
PHONETIC DRILL	Y says य
	Z says 🛐
GENERAL	Knowledge of-
AWARENESS	Different types of food (healthy & junk food)
	Fruits with one seed, many seeds & no seed.
PLAY WAY	Joker making
	Bingo
	Letter and object race
	• SKY WRITING (forming letters with their finger in the
	air)
LEARNING	Learners will be able to –
OUTCOMES	 Differentiate between healthy and junk food.
	• Turn the pages in a book and handle with care.
	 Enhance cognitive skills.
	5
	 Adapt themselves with some new words.

RHYMES AND STORIES

APRIL – MAY

RHYMES

STORIES

	STORY : THIRSTY CROW
 Teddy bear , teddy bear I hear thunder Rain rain go away Dip dip dip Apples on a tree 	There was a crow, he was very thirsty. He looked for water here and there. He saw a pot, very little water. He thought of a plan, he put some stones. Water came up, crow drank the water and flew away. MORAL – Where there is a will , there is a way

JULY

- Old Macdonald
- Clap your hands
- 1,2,3,4,5 Once a caught

Two friends lived in a garden - an ant and a grasshopper. It was a pleasant summer morning there were leaves, flowers and fruits everywhere. The grasshopper ate his favorite leaves, wandered here and there and slept soundly. But the ant ate some food and worked hard to collect enough food for the winter. She told the grasshopper to store some food in the house. The grasshopper did not care. He was lazy. When winter came, it became cold. There were no leaves, flowers or fruits. The ant ate the food she had stored. She stayed in her house happily. The grasshopper had nothing to eat. He wandered in the cold. He searched for food. But he could not find anything. He starved a lot and learnt a lesson; work hard and save something for winter.

The Ant and The Grasshopper

Moral : TODAY'S SAVINGS WILL HELP YOU TOMORROW.

AUGUST - SEPTEMBER

Wheels of the	The Cows and the Lions
bus	Five cows lived in a little forest. They ate fresh grass in a
➢ Hop a little	large green meadow. They were kind friends. They decided to do everything together, so the lions couldn't
Alphabet song	attach them for food.
➢ 5 little Monkeys	One day, five cows fought and each one started to eat grass in a different place. The lions decided to seize the opportunity and killed them one by one.
	Moral : Unity is Strength.

OCTOBER

	STORY : THE HARE AND THE TORTOISE
Flying an aeroplane	The hare and a tortoise were friends. They wanted to
➢ Up in the sky	run a race. The hare said 'You lazy fellow, I can win any race'. The hare ran very fast, but went off to sleep. The
≻ Churmura	tortoise moved on slowly and won the race.
➢ Fly an aeroplane	Moral: Slow and steady wins the race.

NOVEMBER

➢ Baa, Baa Black	The Pigeon And The Ant
Sheep	Long ago, a pigeon flew down to drink water from a river.
Twinkle twinkle	While drinking, she noticed an ant flowing away with the
Cat has a kitten	water. She thought of helping the ant. She looked around
N 11	and plucked some leaves from the tree. She then flew over
Head shoulder knees and toes	the river and dropped it into the water near the struggling
	ant.
	The ant quickly climbed over the leaf and reached the
	shore safely. The ant was grateful to the bird and thanked
	her. The pigeon smiled and said that it was her duty to

help someone in need. She then flew away.
A few days later, a hunter came to the jungle. He was
aiming at the pigeon that sat on a nearby tree. The ant was
walking through the forest when she noticed the hunter
with a gun.
She immediately recognized the pigeon who had saved her
life. She decided to return the favor by helping the bird.
She crept into the hunter's trousers and bit him hard.
The hunter fired the shot but missed his target because of
the ant bite. The pigeon heard the gunshot and was
alarmed. She flew away.
The ant, too, quickly jumped off the hunter's leg and fled
into the forest. The hunter sat there upset and saw the
pigeon flying away.
Moral: We should always help others selflessly.

DECEMBER

	STORY- 3 BEARS AND GOLDILOCK
Jingle bells	
Do the boogie	Once upon a time there were three bears, Mumma bear,
woogie	Papa bear and baby bear. Mumma cooked porridge, It was
Mummy darling	very hot. So they went for a walk. One girl came, she ate the
2 little hands to	porridge and slept on the small bed. When the bears came,
clap - clap	girl got frightened and ran away.

JANUARY

	STORY: FOX AND THE GRAPES
Piggy on a railway	
Baby shark	One day a fox saw, a bunch of grapes, hanging from a grape wine. Fox mouth water. Yummy! Yummy! Yummy!, I will eat these sweet grapes, she jumped and jumped but could not
3 red balloons	reach the grapes. So the fox said, the grapes are sour and she left the place.
Its bubbling	Moral: It's easy to despise what you cannot have.
SUBJECT: MATHS	

<mark>APRIL - MAY</mark>

NUMERACY	 Standing line I, sleeping line, slanting line / 1, 7 Shapes through rhyme Oral Counting – 1 to 10
PRE MATHS CONCEPT	Big/Small
ACTIVITY TIME	 Tracing activity Counting with the help of different objects Joker activity using shapes Sticker pasting
LEARNING OUTCOMES	 Learners will be able to : Differentiate between big and small objects Count 1 to 10 on fingers

<mark>JULY</mark>

NUMERACY	
NUMERACI	• 4, 2, 3, 5
	Right / Left
	Near / Far
	Shapes through worksheet
	Oral Counting – 1 to 20
PRE MATHS	
CONCEPT	Tall / short
ACTIVITY TIME	• Activity of number 2 – 2 eyes, 2 ears, 2 hands, 2 legs
	Hand printing
	Button activity
	Flower pasting
	Ganit Mala : Counting through fingers and different
	objects (pencils, balls, fruits etc.)
LEARNING	Learners will be able to:
OUTCOMES	count up to 20
	 Distinguish between tall and short
	 Identify different patterns
	 Differentiate between tall and short objects during
	nature walk.
	 Count through fingers and different objects.

AUGUST - SEPTEMBER

NUMERACY	• 9, 6, 8, 10
	Concept of tens and ones
	Oral Counting – 1 to 30
	Revision of all shapes
PRE MATHS CONCEPT	Full/ empty
ACTIVITY TIME	Counting ice cream sticks
	Bindi pasting
	Pebble activity
	Glass activity
	Rubber band activity
LEARNING	Learners will be able to:
OUTCOMES	Write counting 1 to 10
	 Start exploring different shapes in their environment
	 Sort objects related to the number

OCTOBER

NUMERACY	 11,12,13,14 Oral Counting – 1 to 40
PRE MATHS CONCEPT	More / less
ACTIVITY TIME	 Ganit mala (counting through fingers and different objects) Fingertip printing Thumb printing Scenery making by using different shapes Fruits activity
LEARNING OUTCOMES	 Learners will be able to: Recognize numbers and repeat them Use numbers to count and tell how many

NOVEMBER

NUMERACY	•	15,16,17,18,19,20,21,22,23 Oral Counting – 1 to 50

PRE MATHS CONCEPT	In / Out	
ACTIVITY TIME	 Climbing up the ladder Game (In and Out) Beading activity 	
LEARNING OUTCOMES	 Learners will be able to: Recognize two-digit numbers Draw the objects according to the given number 	

DECEMBER

NUMERACY	 24,25,26,27,28,29,30 Oral Counting – 1 to 60
PRE MATHS CONCEPT	Heavy / Light
ACTIVITY TIME	Button activityBingo
LEARNING OUTCOMES	 Learners will be able to: Understand the matching concept (objects with numbers). Identify a particular date on a calendar.

JANUARY - FEBRUARY

NUMERACY	 31 to 50 Oral Counting – 1 to 70 Backward Counting - 10 – 1 Revision 	
PRE MATHS CONCEPT	Thick / Thin	
ACTIVITY TIME	Bingo	
LEARNING	Learners will be able to :	
OUTCOMES	Write counting upto 50	
	Understand the concept of Backward counting.	

हिन्दी पाठ्यक्रम 2025 - 2026

मास	शिक्षण का उद्देश्य	स्वर (मौखिक)	बालगीत
जुलाई	 छात्रों को 'अ' एवं 'आ' की ध्वनि से परिचित कराना चित्रों द्वारा 'अ' एवं 'आ' का उच्चारण स्पष्ट कराना। <u>लिखित</u> – अ, आ 	अ—'अ' से अनार खूब खाओ, अपनी सेहत आप बनाओ। आ—'आ' से आम फलों का राजा, मजे से खाओ भाईराजा।	 चार नौकर एक–एक पेड़ हाथी राजा सिन्दबाद की गुड़िया
अगस्त	 चित्रों की सहायता से इ एवं ई से परिचित कराना। कविता के माध्यम से इ एवं ई के उच्चारण को स्पष्ट कराना <u>लिखित</u>-इ, ई 	इ—'इ' से इमली खट्ठी—मीठी होती है, चटखारे लेकर मेरी दादी खाती है। ई—ई से ईख खूब चबाओ, नाचो गाओ मौज उड़ाओ।	 मेरा भारत आँधी आई कागज के टुकड़े आलू कचालू
सितम्बर	 छात्रों को चित्रों के माध्यम उ एवं ऊ से परिचित कराना। छात्रों को उ तथा ऊ में अन्तर स्पष्ट कराना। <u>लिखित</u>–उ, ऊ 	उ—'उ' से उल्लू रात को जागे, भोर होते ही घर को भागे। ऊ—'ऊ' से ऊन सर्दी में प्यारी,	डाकियामोरहाथी

अक्टूबर	 ए एवं ऐ स्वरो को कविता के माध्यम से परिचित कराना। ए तथो ऐ के उच्चारण में शब्दकोष में रूचि 	ए—'ए' से एड़ी। ऐ—'ऐ' से ऐनक बड़ा—बड़ा दादाजी की नाक चढ़ा	 सरकस चिड़िया वो छल्के रात और दिन
नवम्बर	 उत्पन्न कराना। <u>लिखित–ए, ऐ</u> ऋ एवं ओ का उच्चारण स्पष्ट कराना। छात्रों को चित्रो के माध्यम से ऋ एवं ओ से परिचित कराना। ज्ञान कोष में वृद्धि कराना। लिखित–ऋ, ओ 	ऋ–'ऋ' से ऋषि पूज्य हमारे। ओ–'ओ' से ओखली पीसो मसाला, पकवान बनाओ स्वादिष्ट वाला।	 तितली गेंद मेरी बिल्ली काली पीली मम्मी पहने साड़ी
दिसम्बर	 (औ, अं) चित्रों द्वारा छात्रों को परिचित कराना। औ, अं स्वरो से संबंधित चित्र दिखाकर प्रश्न पूछना ताकि छात्रों के ज्ञान में वृद्धि हो और वे स्वरों के 	औ—'औ' से औरत सबसे महान शिक्षित नारी देश की शान। अं—'अं' से अंगूर खाते जाओ, इसके स्वाद में मस्त हो जाओ।	 चुहिया रानी चिड़िया घर हरी नीम की डाल पर सर–सर उड़ी पतंग

•	उच्चारण में अंतर को समझ सके। • <u>लिखित</u> –औ, अं		
जनवरी	 चित्रों तथा कविता के माध्यम से पुर्वाभ्यास कराना। <u>लिखित</u>–अ से अः 	'अ से अः'	 बंदर मामा चिड़िया लाई दाना जंगल में एक शेर
फरवरी	 सीखे गए ज्ञान को स्थायी बनाने के लिए कविता के माध्यम से 'अ' से 'अ:' तक के स्वरों का पुर्नाभ्यास कराना। <u>लिखित</u>–पुर्नाभ्यास अ से अ: तक 	'अ से अः'	 आलू बोला मुझको खालो आओ भाई आओ



चालाक लोमड़ी

एक कौवा अपनी चोंच में रोटी का एक टुकड़ा लेकर पेड़ की शाखा पर बैठा था । एक लोमड़ी आई और उसने कौवे से रोटी लेने की योजना के बारे में सोचा। उसने कौवे को अच्छे दिन की शुभकामना दी । लेकिन कौवे ने रोटी के टुकड़ा का नीचे गिरने के डर से अपना मुंह नहीं खोला।

लोमड़ी ने फिर कहा, "तुम बहुत सुन्दर लग रहे हो। तुम्हें सभी पक्षियों का राजा बनाया जाना चाहिए था। कृपया मेरे लिए अपनी मधुर आवाज में एक गीत गाओ।" अपनी तारीफ सुनकर कौआ खुद को रोक नहीं पाया, और जवाब दिया, "धन्यवाद!" लेकिन जैसे ही उसने बोलने के लिए अपना मुंह खोला, रोटी का टुकड़ा नीचे जमीन पर गिर गया। चतुर लोमड़ी ने तुरंत रोटी उठाई और भाग गई।

नैतिक शिक्षा : लोगों की बातों पर भरोसा न करें, उनके कार्यों पर भरोसा करें।

दो मुर्गे और एक बाज़

एक बार की बात है, दो मुर्गे एक पहाड़ी को लेकर लड़ रहे थे। वे दोनों अपनी पूरी ताकत से लड़ रहे थे, क्योंकि जो भी जीतेगा वह पहाड़ी का राजा बनेगा। अंत में एक मुर्गा जीत गया और दूसरा मुर्गा लड़ाई में गंभीर रूप से घायल हो गया और हार गया। जीतने वाले मुर्गा ने अपनी जीत की घोषणा करने के लिए एक ऊँची उड़ान भरी और तेज आवाज में चिल्ला कर सबको अपनी जीत के बारे में बताया।

इतने में एक बाज़ उड़ता हुआ आया और इस घमण्डी मुर्गे को देखा। उसने झपट्टा मारा और मुर्गे को पकड़ कर दूर ले गया। दूसरा मुर्गा जो हार गया था वह नीचे से सब कुछ देख रहा था,वह जल्दी से बाहर आया और खुद को पहाड़ी का राजा घोषित कर दिया।

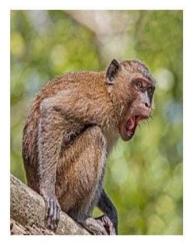
शिक्षा -: जरुरत से ज्यादा घमंड सेहत के लिए खतरनाक होता है।



कहानीः बंदर और दो बिल्लियाँ

एक बार की बात है दो बिल्लियाँ थी। एक दिन उन दोनों बिल्लियों को एक ब्रेड मिला। दोनों उस ब्रेड के लिये लड़ने लगीं, कौन इसको खाएगा? जब इसका निर्णय नहीं निकला तो वे दोनों बिल्लियाँ एक बंदर के पास गई और अपनी समस्या बताई। बंदर बहुत चालाक था, उन दोनों की समस्या सुनकर, उसने उन्हें एक तराजू लाने को कहा। तराजू मिलने पर, बंदर ने ब्रेड के दो टुकड़े कर दिए और ब्रेड को तराजू के दोनों पलड़ों में रख दिया। लेकिन पहले टुकड़े में से थोड़ा सा टुकड़ा तोड़कर खा गया, फिर दूसरा वाला टुकड़ा, पहले वाले से भारी हो गया। इस तरह वह चालाकी से सारी ब्रेड खा गया। बिल्लियाँ बेचारी बिना ब्रेड के ही दुखी होकर वापिस लौट गई।

शिक्षाः हमें आपस में नहीं लड़ना चाहिए।





मेंढक और सांप

एक बार, एक सांप एक झील के सभी मेंढकों को खाने की योजना के साथ झील में आया। साँप ने मेंढकों से कहा, "मैं यहाँ एक ब्राह्मण के श्राप के कारण आपकी सेवा करने के लिए हूँ।"

मेंढकों का राजा खुश हो गया और उसने सभी मेंढकों को सांप के बारे में बताया। अपने राजा का पीछा करते हुए, सभी मेंढक सवारी करने के लिए सांप की पीठ पर चढ़ गए।

अगले दिन, सांप ने कहा, "मेरे पास खाने के लिए कुछ नहीं है, मैं इतना कमजोर हूं कि तेजी से रेंग नहीं सकता।"

मेंढकों के राजा ने सांप से कहा, "आप अपनी पूंछ के अंत में बैठे छोटे मेंढक को खा सकते हैं" और सांप ने एक मेंढक को खा लिया।

अगले कुछ दिनों में सांप ने सभी मेंढकों को खा लिया , अब केवल मेंढकों का राजा बचा था।

अगले दिन, सांप ने फिर कहा, "मेरे पास खाने के लिए कुछ नहीं है, मैं इतना कमजोर हूं कि तेजी से रेंग नहीं सकता।"

मेंढकों के राजा ने फिर कहा, "आप अपनी पूंछ के अंत में बैठे छोटे मेंढक को खा सकते हैं,"और इस बार सांप ने उसे ही निगल लिया।

शिक्षा -: किसी भी कार्य को करने से पहले सोचो।



Session 2025-2026

DANCE SYLLABUS

CLASS- Pre school

► ITerm (April-September)	►IITerm(October-February
 Foundation technique Beginning level of Artistic dance on Rhymes Skill Development 	Foundation technique Recognize their own emotions through free style dance on Eng
Inco-operate the elements of	song
speed & tempo workout on music piece	Skill Development Understanding of directional terms like front, back, down, side & round
Artistry Approach Bring expressions, flexibility, co-ordination & performance through dance on Patriotic song	 Artistry Approach Joyful learning through popular Hindi song
Learning outcomes	Learning outcomes
 To build up sense of rhythm To develop self confidence 	 To increase creativity through movements To bring flexibility & expressions



